
JAY DUKE

Equestrian

Clinics & Course Design

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What you pay:

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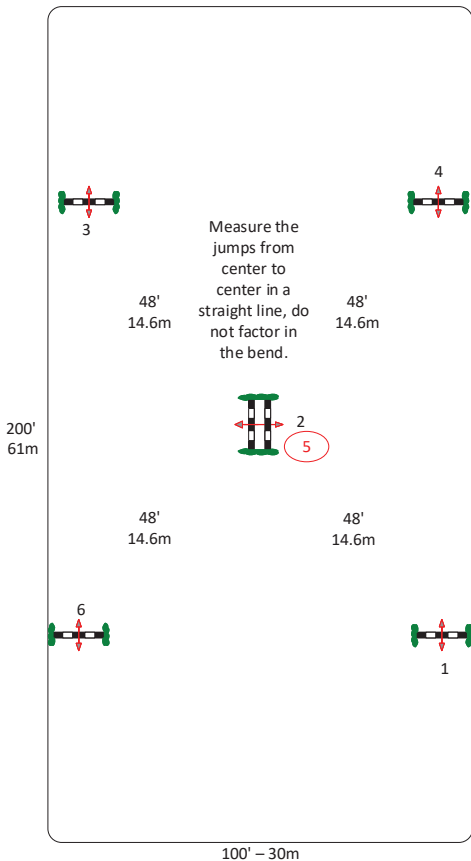
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FIGURE 8 WITH BENDING LINES

Difficulty: Intermediate



Materials:

12 standards, 10 rails, Vertical no ground lines, Oxer 2 rails each side, use ground lines. No fill.

KEY POINTS

Horse:

- Adjustability
- Works both sides of the body
- Jumping Form
- Turns
- Angles

Rider:

- Bending Lines
- Adjusting counts
- Track control
- Eyes

LESSONS

Jump Height

Verticals 0.5m-1.15m
Oxer – Horse dependent

Ride the jumps in a figure 8 pattern. Work in both directions. I typically do the pattern 2-5 times in a row without a break.

I like to start this exercise with poles and at the walk. Then progress to the trot and then canter. The horse should change the canter lead over the center fence.

Lesson #1

Put 6 collected canter strides between each fence.

Lesson #2

Put 5 normal canter strides between each fence. This is the count you should use if jumping the oxer at a challenging height.

Lesson #3 (Advanced)

Put 5 strides in the first bending line and 6 in the second part of the line.

The 'jumping' part of the exercise is the oxer in the center of the ring. The verticals are the 'flat' portion of the lesson.